



CONNECTION TO SMALL GROUP – 30 SECONDS

- *Ice Breaker question: Would you rather sneeze out bubbles or cough out confetti?*

REVIEW QUESTIONS – 10 MINUTES

TEACHING OBJECTIVE: I KEEP MY SPIRIT, SOUL, AND BODY BLAMELESS

BIBLICAL TEXT: READ TOGETHER 1 THESSALONIANS 5:23 B (ERV)

1. Read 1 Thessalonians 5:23 b, (ERV)

“We pray that your whole self – spirit, soul, and body – will be kept safe and be blameless when our Lord Jesus Christ comes.”

2. In which testament is this book of the bible found?

Answer: New

3. What 3 things make you, you?

Answer: Body, Soul, and Spirit

4. According to 1 Thessalonians 5:23b we are to keep our spirit, soul, and body safe and _____?

Answer: Blameless

5. What does it mean to be blameless?

Answer: Blameless means to be without sin.

6. In whose image are we made?

Answer: God’s image

7. Why is it important to take care of your body?

Answer: We need to make sure that our bodies are health and strong so that we can do the things that God called us to do.

8. What is our soul?

Answer: Our soul is our mind and emotions.

9. What can cloud up our soul (mind & emotions)?

Answer: Negative and bad thoughts cloud up our soul.

10. Where did our spirit come from?

Answer: It is from God

MEMORY VERSE ACTIVITY – 5 MIN

If you still have time during your small group, you can do this **MEMORY VERSE ACTIVITY**.

HOW MANY WAYS CAN YOU SAY IT?

SUPPLIES: Bible, whiteboard, and marker

- This series Bible verse is 1 Thessalonians 5:23 b (ERV).

“We pray that your whole self- spirit, soul, and body – will be kept safe and be blameless when our Lord Jesus Christ comes.”

1. Write the verse on the whiteboard or show the children the verse in the Bible.
2. Tell the children you will practice saying the memory verse but remove 3-4 for words each time.
3. Recite the verse in this way a few times.
4. Have fun!

WRAP UP + PRAYER – 1 MIN

- *Wrap up your time by taking prayer requests from your small group.*
- *Close in a quick prayer including the prayer requests of the children in your group and ask God to help your group remember that God loves them unconditionally.*