



Scriptures to Combat Fear

Isaiah 35:3-4 - Strengthen the feeble hands, steady the knees that give way; 4 say to those with fearful hearts, "Be strong, do not fear; your God will come, he will come with vengeance; with divine retribution he will come to save you." NIV

John 14:26-27 - But the Counselor, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you. 27 Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. NIV

Joshua 1:6-9 - "Be strong and courageous, because you will lead these people to inherit the land I swore to their forefathers to give them. 7 Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go. 8 Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful. 9 Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go." NIV

Matthew 6:33-34 - But seek first his kingdom and his righteousness, and all these things will be given to you as well. 34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. NIV

Isaiah 43:1-3 - But now, this is what the Lord says — he who created you, O Jacob, he who formed you, O Israel: "Fear not, for I have redeemed you; I have summoned you by name; you are mine. 2 When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze. 3 For I am the Lord, your God, the Holy One of Israel, your Savior NIV

Psalm 23:1-6 -The Lord is my shepherd, I shall not be in want. 2 He makes me lie down in green pastures, he leads me beside quiet waters, 3 he restores my soul. He guides me in paths of righteousness for his name's sake. 4 Even though I walk through the valley of the shadow of death,

I will fear no evil, for you are with me; your rod and your staff, they comfort me. 5 You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. 6 Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever. NIV

Psalm 34:1-4 - I will extol the Lord at all times; his praise will always be on my lips. 2 My soul will boast in the Lord; let the afflicted hear and rejoice. 3 Glorify the Lord with me; let us exalt his name together.

4 I sought the Lord, and he answered me; he delivered me from all my fears. NIV

Psalm 94:17-19 - Unless the Lord had given me help, I would soon have dwelt in the silence of death.

18 When I said, "My foot is slipping," your love, O Lord, supported me. 19 When anxiety was great within me, your consolation brought joy to my soul. NIV

Psalm 91:1-16 - He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. 2 I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust." 3 Surely he will save you from the fowler's snare and from the deadly pestilence. 4 He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. 5 You will not fear the terror of night, nor the arrow that flies by day, 6 nor the pestilence that stalks in the darkness, nor the plague that destroys at midday. 7 A thousand may fall at your side, ten thousand at your right hand, but it will not come near you. 8 You will only observe with your eyes and see the punishment of the wicked. 9 If you make the Most High your dwelling — even the Lord, who is my refuge — 10 then no harm will befall you, no disaster will come near your tent. 11 For he will command his angels concerning you to guard you in all your ways; 12 they will lift you up in their hands, so that you will not strike your foot against a stone. 13 You will tread upon the lion and the cobra; you will trample the great lion and the serpent. 14 "Because he loves me," says the Lord, "I will rescue him; I will protect him, for he acknowledges my name. 15 He will call upon me, and I will answer him; I will be with him in trouble, I will deliver him and honor him. 16 With long life will I satisfy him and show him my salvation." NIV

Romans 8:35-39 - Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? 36 As it is written: "For your sake we face death all day long; we are considered as sheep to be slaughtered." 37 No, in all these things we are more than conquerors through him who loved us. 38 For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, 39 neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord. NIV

Psalms 27:1-6 - The Lord is my light and my salvation — whom shall I fear? The Lord is the stronghold of my life — of whom shall I be afraid? 2 When evil men advance against me to devour my flesh, when my enemies and my foes attack me, they will stumble and fall. 3 Though an army besiege me, my heart will not fear; though war break out against me, even then will I be confident. 4 One thing I ask of the Lord, this is what I seek: that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek him in his temple. 5 For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his tabernacle and set me high upon a rock. 6 Then my head will be exalted above the enemies who surround me; at his tabernacle will I sacrifice with shouts of joy; I will sing and make music to the Lord. NIV

I Peter 5:6-7 - Therefore humble yourselves under the mighty hand of God, that in due time He may exalt you, 7 Casting the whole of your care [all your anxieties, all your worries, all your concerns, once and for all] on Him, for He cares for you affectionately and cares about you watchfully. AMP

Psalms 118:5-11 - Out of my distress I called upon the Lord; the Lord answered me and set me free and in a large place. 6 The Lord is on my side; I will not fear. What can man do to me? 7 The Lord is on my side and takes my part, He is among those who help me; therefore, shall I see my desire established upon those who hate me. 8 It is better to trust and take refuge in the Lord than to put confidence in man.

9 It is better to trust and take refuge in the Lord than to put confidence in princes. 10 All nations (the surrounding tribes) compassed me about, but in the name of the Lord I will cut them off! 11 They compassed me about, yes, they surrounded me on every side; but in the name of the Lord I will cut them off! AMP

II Timothy 1:7 - For God has not given us a spirit of fear, but of power and of love and of a sound mind. NKJV

Ps 115:11-15 - You who fear the Lord, trust in the Lord; He is their help and their shield.
12 The Lord has been mindful of us; He will bless us; He will bless the house of Israel;
He will bless the house of Aaron. 13 He will bless those who fear the Lord, Both small
and great. 14 May the Lord give you increase more and more, You and your children.
15 May you be blessed by the Lord, Who made heaven and earth. NKJV

Psalms 103:1-5 - Bless the Lord, O my soul; And all that is within me, bless His holy
name! 2 Bless the Lord, O my soul, And forget not all His benefits: 3 Who forgives all
your iniquities, Who heals all your diseases, 4 Who redeems your life from destruction,
Who crowns you with lovingkindness and tender mercies, 5 Who satisfies your mouth
with good things, So that your youth is renewed like the eagle's. NKJV

Deuteronomy 31:6 - Be strong and of good courage, do not fear nor be afraid of them;
for the Lord your God, He is the One who goes with you. He will not leave you nor
forsake you." NKJV

I Chronicles 28:20 - And David said to his son Solomon, "Be strong and of good
courage, and do it; do not fear nor be dismayed, for the Lord God — my God — will be
with you. He will not leave you nor forsake you, until you have finished all the work for
the service of the house of the Lord. NKJV

Psalms 56:3-4 - Whenever I am afraid, I will trust in You. 4 In God (I will praise His
word), In God I have put my trust; I will not fear. What can flesh do to me? NKJV

Isaiah 41:10 - Fear not, for I am with you; Be not dismayed, for I am your God. I will
strengthen you,

Yes, I will help you, I will uphold you with My righteous right hand.' NKJV

Isaiah 41:13 - For I, the Lord your God, will hold your right hand NKJV

Romans 8:14-17 - For as many as are led by the Spirit of God, these are sons of God.
15 For you did not receive the spirit of bondage again to fear, but you received the Spirit
of adoption by whom we cry out, "Abba, Father." 16 The Spirit Himself bears witness

with our spirit that we are children of God, 17 and if children, then heirs — heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together. NKJV

I Corinthians 16:13 - Watch, stand fast in the faith, be brave, be strong. NKJV

I John 4:13-16 - By this we know that we abide in Him, and He in us, because He has given us of His Spirit. 14 And we have seen and testify that the Father has sent the Son as Savior of the world. 15 Whoever confesses that Jesus is the Son of God, God abides in him, and he in God. 16 And we have known and believed the love that God has for us. God is love, and he who abides in love abides in God, and God in him. NKJV